

## **5 Fantastic Reasons to Join Crabtree Farms' CSA**

1. **PRICE** ~ For the price of dinner for two, around \$25 a week, you receive a generous amount of organic produce of the highest quality and freshest flavor. Buying directly from the farm, instead of the grocery store, skips the middle man, thus getting you a better deal.
2. **NUTRITION** ~ Improve your diet by accessing more nutritional value on a consistent basis since the produce is organic, picked at its prime and grown locally. Most conventional produce is shipped 1,000 miles, losing much of nutrients in transport.
3. **SUSTAINABILITY** ~ Supporting the local economy by keeping your hard earned dollars circulating in Chattanooga, not only benefiting your health, but the health of the environment also. By supporting a grass roots organization like Crabtree, you are promoting fair trade while getting guaranteed delicious produce weekly.
4. **SERVICE** ~ At Crabtree Farms, you know who grows and handles the produce you eat. You can meet the farmers face to face. You will get farm-fresh recipes along with all the delicious varieties of the vegetables you already love.
5. **ATMOSPHERE** ~ By supporting Crabtree Farms, you're preserving a local legacy of precious, almost forgotten, farm land. When you pick up your produce, you will benefit from the beautiful setting of Crabtree Farms, a dynamic and ever-changing eco-system.

### **Frequently Asked Questions**

1. What would I find in a typical box?
  - There will be 6 to 8 different products in a typical box. This is subject to availability. Also look at the photographs of boxes for more details.
2. What new crops will Crabtree offer in 2012?
  - Our newest crop additions are turnips and soup beans. We are also experimenting with new winter squash varieties (red kuri, spaghetti squash and an acorn squash), as well as expanding our flower varieties! We are hoping to consistently offer herbs, bronze fennel being our newest addition.
3. What are the Payment Options?
  - The installment plan of 3 payments and a workshare program through which you can discount the cost in exchange for volunteer hours.
4. What if I cannot pick up my box up?
  - Your box is redistributed on an as need basis if it is not picked up as scheduled. Because you have paid ahead of time you are welcome to send anyone that may be available to help you pick up your box.
5. We cannot use that much food. Will you offer 1/2 Boxes?
  - Yes! We offer a half share which means you will receive a full box every other week, this gives you two weeks to eat all your fresh vegetables. The half share is a \$460 cost with more details on our application.